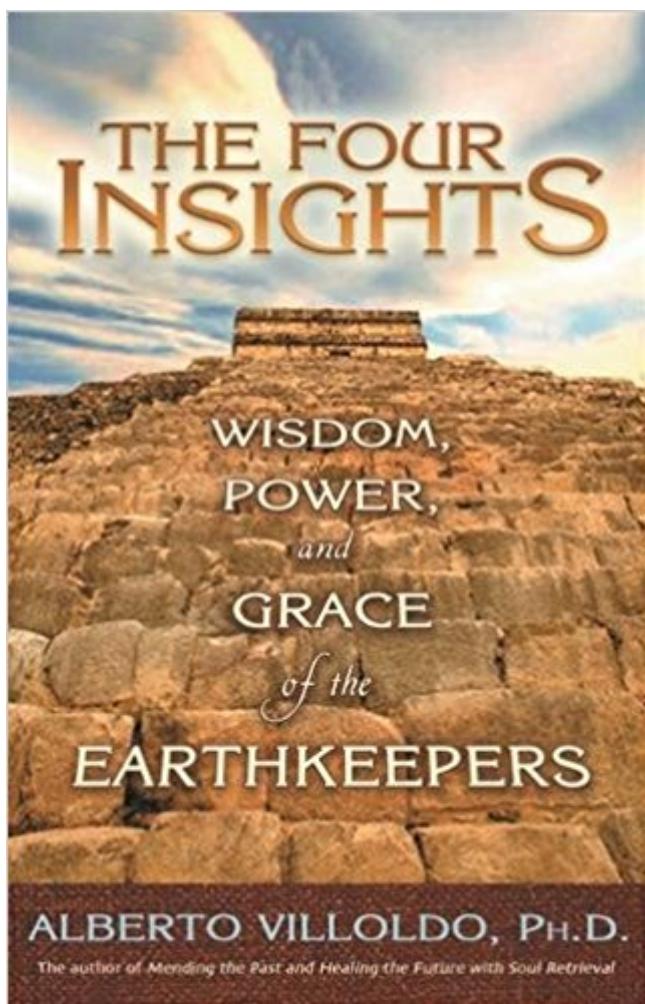


The book was found

The Four Insights: Wisdom, Power, And Grace Of The Earthkeepers



Synopsis

The Four Insights are the wisdom teachings that have been protected by secret societies of Earthkeepers, the medicine men and women of the Americas. The Insights state that all creation—humans, whales, and even stars—is made from light manifest through the power of intention. The Earthkeepers mastered the Insights, and used them to heal disease, eliminate emotional suffering, and even grow new bodies that age and heal differently. Mastery of the Insights allows you to reform your DNA and participate consciously in your biological, emotional, and spiritual evolution. According to the prophecies of the Maya, Hopi, and Inka Earthkeepers, we are at a turning point in human history, when a new species of human will give birth to itself. We are going to take a quantum leap into what we are becoming and will no longer be Homo sapiens but Homo luminous. The Four Insights reveal ancient technologies we can practice for becoming beings of light with the ability to perceive the energy and vibration that make up the physical universe at a much higher level.Â

Book Information

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Customer Reviews

Alberto Villoldo, Ph.D., a psychologist and medical anthropologist, has studied the healing practices of the and Inka shamans for more than 25 years. While at San Francisco State University, he founded the Biological Self-Regulation Laboratory to study how the mind creates psychosomatic health and disease. Dr. Villoldo directs The Four Winds Society, where he trains individuals in the U.S. and Europe in the practice of energy medicine and soul retrieval.

As advertised. Arrived on time. Good Product. is great. Prime is wonderful. Order one day and 2 days later it's on your doorstep. Almost like magic.

love his books

Given half a chance, this book will change your way of thinking. On first reading, I just skimmed my way through the text. However, as I went back to re-read some parts that stood out to me, the book grew on me. The more I read, the more I appreciated the depth and thoughtful reflection contained in the book. As a fan of Abraham Lincoln, I was particularly struck by the subject of storytelling. We are all generally inclined to accept the stories that other people tell us, to our own detriment. We hear from others: "you must follow certain religious tenants"; "you can never be happy because of the way we were brought up by parents"; or, "you have suffered a trauma and cannot hope to have a full life." Yet, instead of listening to others, we need only listen to our own stories about ourselves, based on our own experiences and our own conclusions. We become the storyteller of our own life as we learn to reframe the key events. In reframing our stories, the lessons we learn are never negative | they are always positive. Seemingly random events only strengthen us and prepare for the life that we aspire to lead. Rather than feeling devastated because you were fired from your job, or because you were knocked down by illness, or because some other huge obstacle has rolled in your path, you regroup and reinvent yourself to find an even better and more fulfilling life. Then, we convert life's challenges into stories of inspiration, knowledge and humor. There is a generous serving of wisdom packed into this thought provoking work.

This is a great guide for living.

We are powerful creators; however, most people don't know it. This book will help you realize who you really are, and give you helpful tools to fully embody that knowledge. Beautiful wisdom is contained within these pages (or on the screen if you're reading on an electronic device).

I am currently walking the directions and reading this book during my journey has helped me understand in much greater depth the things I am being taught. It is a book I will use over and over

again, because after all... Our work is never done. :-)

Excellent book

Very indepth about the Insights. I'm really enjoying this book.

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